

# **Communication Toolkit for Burn Ambassadors** Model Systems Knowledge Translation Center

# Introduction

This Communication Toolkit supports ambassadors in the sharing of free, research-based burn injury (burn) resources from the Model Systems Knowledge Translation Center (MSKTC; <u>https://msktc.org/</u>). It includes sample social media posts, QR codes, an email message, badge, and a newsletter story that ambassadors can modify and share with people who may benefit from MSKTC resources. **MSKTC is funded** by the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR grant number 90DPKT0009), Administration for Community Living, U.S. Department of Health and Human Services.

Please contact the MSKTC at <u>MSKTC@air.org</u> if you have any questions or need resources to support your work as an ambassador.

# Part 1: Sample Social media messages

We have provided example posts, but you likely know what resources people within your network are looking for. We encourage you to look through the MSKTC's resources and create other posts highlighting different topics. We have included a basic template that you can use as to get you going.

- Social Media Handles
  - Facebook: @MSKTCBURN
  - Twitter: @BURN\_MS
- Sample Social Media Posts
  - The [Facebook: @MSKTCBURN / Twitter: @BURN\_MS] has a wide range of #researchbased resources to help #burnsurvivors. To learn about the ways #burninjury impacts healthy eating, exercise, mental health, and more, visit <u>https://msktc.org/burn</u>
  - Looking for free, #researchbased tools about #burninjury available in Spanish?
     [Facebook: @MSKTCBURN / Twitter: @BURN\_MS] has many resources that

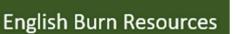
explain different aspects of living with burn injury and how to #StayHealthy here: <a href="https://msktc.org/burn-resources-spanish">https://msktc.org/burn-resources-spanish</a>

- Proper nutrition is very important as you recover and heal from #BurnInjury. Learn more using [Facebook: @MSKTCBURN / Twitter: @BURN\_MS]'s wide range of multi-media and print resources available here <u>https://msktc.org/burn/factsheets</u>
- Social Media Message Templates
  - Do you have questions about [insert topic from MSKTC website] after #burninjury? The [Facebook: @MSKTCBURN / Twitter: @BURN\_MS] has a wide range of #researchbased resources to help those with burn injury. Check out [name of the resource]: [insert link to resource]
  - [PERSONALIZE AS NEEDED] As many of you know, I am an advocate for burn injury supports. [Facebook: @MSKTCBURN / Twitter: @BURN\_MS] has provided me with a wide range of #researchbased resources that have helped [my/family member's] recover process. Learn more here <u>https://msktc.org/burn</u>
  - [ADJUST ACCORDING TO EVENT SENT TO YOU BY MSKTC] [Last week],
     [Facebook: @MSKTCBURN / Twitter: @BURN\_MS] attended [name of conference] hosted by [name of organization]. The event explored [brief description of topics covered]. A recording of the event can be accessed here: [link]
- Useful hashtags
  - o **#burninjury**
  - #burninjuryawareness
  - #burnsurvivors
  - o #burnresearch
  - o #burncareresearch



Model Systems Knowledge Translation Center







Spanish Burn Resources



# Part 3: Sample email message

Dear [NAME],

[ADJUST WORDING BASED ON RECIPIENT] I recently became an ambassador for the federally funded Model Systems Knowledge Translation Center (MSKTC: <u>http://msktc.org/</u>), which offers **free, research-based resources** for people living with burn injury and their families. MSKTC covers 20 rehabilitation topics (<u>https://msktc.org/burn</u>). Tailored to the diverse learning styles of individuals with burn injury and their families, these resources are in multiple formats (print, audio, and video) including <u>factsheets</u>, <u>videos</u>, <u>infocomics</u>, <u>podcasts</u>, <u>narrated slideshows</u>, and <u>quick reviews</u>. MSKTC factsheets and infocomics are available in both English and Spanish. **MSKTC is funded** by the National Institute on Disability, Independent Living, Administration for Community Living, U.S. Department of Health and Human Services. I am including links to these resources below. Please feel free to share with others who may benefit from them.

#### \*MSKTC Burn Resources\*

- The MSKTC burn resources cover a wide range of topics. Currently, the MSKTC provides
  resources on over 20 rehabilitation topics to support individuals with burn injury and
  their families such as <u>delirium after burn injury</u>, <u>employment after burn injury</u>, <u>exercise
  after burn injury</u>, <u>healthy eating-adults</u>, <u>healthy eating-kids</u>, <u>itchy skin after burn injury</u>,
  managing pain, <u>outpatient opioid management for adult burn survivors</u>, <u>psychological
  distress</u>, <u>PTSD</u>, <u>resilience</u>, <u>return to school</u>, <u>scar management</u>, <u>sexuality and intimacy</u>,
  <u>sleep problems</u>, <u>social interaction after burn injury</u>, <u>sun protection after burn injury</u>,
  <u>temperature sensitivity</u>, <u>understanding and improving body image after burn injury</u>,
  <u>understanding burn injury</u>, and <u>wound care</u>.
- Burn resources in Spanish
  - o https://msktc.org/burn/recursos-en-espanol
- Factsheets
  - <u>https://msktc.org/burn/factsheets</u>
- Videos
  - <u>https://msktc.org/burn/videos</u>
- Infocomics
  - o <u>https://msktc.org/burn/infocomics</u>
- Infographics
  - <u>https://msktc.org/burn/infographics</u>
- Slideshows
  - https://msktc.org/burn/slideshows
- Hot Topic Modules
  - https://msktc.org/burn/Hot-Topics
- Plain Language Summaries of Research

- <u>https://msktc.org/burn/quick-reviews</u>
- Research Resources
  - o Burn Model System Directory: <u>https://msktc.org/burn/model-system-centers</u>
  - Model System Publications Database: <u>https://msktc.org/burn/publications</u>
- Model System and Model System Database
  - o <u>https://msktc.org/about-model-systems/burn</u>
- Knowledge Translation Toolkit
  - o <u>https://msktc.org/knowledge-translation</u>
- Learn about the MSKTC burn ambassador program
  - o <u>https://msktc.org/burn/ambassador-program</u>
- Share and promote MSKTC.org resources using website's HTML codes
  - o <u>https://msktc.org/share-and-promote</u>
- Learn about MSKTC awards
  - o <u>https://msktc.org/share-and-promote</u>

\*Please note that the MSKTC resources may be reproduced and distributed freely with appropriate attribution. Prior permission must be obtained for inclusion in fee-based materials.

Please take a quick survey and share thoughts to help the MSKTC better serve you: <u>https://websurveyor2.airws.org/se/2511374533213674</u>.

Sincerely,

[SIGNER'S NAME]

## Part 3: Ambassador signature logo or badge

MSKTC ambassadors are welcome to use this signature logo when sharing MSKTC resources. This ambassador logo is linked to <u>https://msktc.org/BURN</u>.



## Part 4: MSKTC Burn Resource Poster

The MSKTC has developed a poster to promote the use of our free research-based resources for people living with burn injury. The poster size is 11x17 inches and has both English and Spanish resource QC codes. You can print the poster using a regular printer at home or work and using a

professional printer. To download the poster and view printing instructions, please visit: <u>https://msktc.org/node/4696</u>. Please see below for a screenshot of the poster.



# Part 5: Sample newsletter story

# Title: Free Research-based User-friendly Resources for People Living With Spinal Cord Injury, Traumatic Brain Injury, and Burn Injury

The Model Systems Knowledge Translation Center (MSKTC; <u>https://msktc.org/</u>) offers free research-based user-friendly information resources to support individuals living with spinal cord injury (SCI; <u>https://msktc.org/sci</u>), traumatic brain injury (TBI; <u>https://msktc.org/tbi</u>), and burn injury (<u>https://msktc.org/burn</u>). MSKTC collaborates with researchers from the SCI, TBI and Burn Model System Programs to develop resources that cover a wide range of topics and are available in various formats such as factsheets (in both English and Spanish), infocomics, videos, and podcasts. MSKTC resources may be reproduced and distributed freely with appropriate attribution; prior permission must be obtained for inclusion in fee-based materials. Both the MSKTC and Model System Programs are funded by the National Institute on Disability, Independent Living, and Rehabilitation Research, Administration for Community Living, US Department of Health and Human Services. For questions about MSKTC resources, please contact <u>msktc@air.org</u>. **Disclaimer:** The contents of this resource were developed with funding from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR grant number 90DPKT0009). NIDILRR is a Center within the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS). The contents of this resource do not necessarily represent the policy of NIDILRR, ACL, or HHS, and you should not assume endorsement by the federal government.