

MSKTC COVID-19 Dissemination Toolkit for Burn Model System Researchers

Dear BMS researchers,

The [Model Systems Knowledge Translation Center](#) (MSKTC) has developed this toolkit to help burn survivors to stay healthy during the coronavirus/COVID-19 pandemic. Please use the sample language below to send social media messages and newsletter stories to your network to make others aware of the MSKTC resources available.

Section 1: Sample Social Media Messages

- In these unprecedented times, #MSKTC resources can help people with #burninjury to #stayhealthy. <https://bit.ly/34tDVko>
- #MSKTC's free, #researchbased resources can help people with burn injuries and their families #stayhealthy during #COVID19. <https://bit.ly/34tDVko>
- Help your #patients #stayhealthy and care for their wounds at home during #COVID19 by sharing this #MSKTC factsheet: <https://bit.ly/2yM1ngT>
- Itchy skin may prevent people with #burninjury from doing things that can help them #stayhealthy during these uncertain times. #MSKTC factsheet in English and Spanish has treatments that can help. <https://bit.ly/3aUYkRv>
- Healthy eating boosts the immune system in people with #burninjury. This is especially key during the #COVID19 pandemic. #MSKTC #stayhealthy <https://bit.ly/34tE07G>
- Managing pain may be a challenge for #burninjury patients, especially during #COVID19. This #MSKTC factsheet in English and Spanish provide treatment and behavioral approaches that can help them #stayhealthy. <https://bit.ly/2Rp6ZEb>
- Despite #COVID19, people with #burninjury should still exercise to #stayhealthy. #MSKTC has a suite of #researchbased resources to help. <https://bit.ly/3aWg4vX>
- People with #burninjury who experience sleep problems may need extra support during #COVID19 to #stayhealthy. #MSKTC has info in both English and Spanish to help. <https://bit.ly/34kBYqp>

- Proper scar management is a key part of #burninjury patients recovery to help them #stayhealthy during these uncertain times. Check out #MSKTC's helpful info in English and Spanish. <https://bit.ly/3eauJG6>
- In these uncertain times, addressing psychological distress in people with #burninjury is critical. Check out this #MSKTC factsheet in English and Spanish: <https://bit.ly/3eaScGT> #stayhealthy

Section 2: Sample Newsletter Message

The Model Systems Knowledge Translation Center (MSKTC) is supporting burn survivors to help them stay healthy during the coronavirus/COVID-19 pandemic. Burn survivors can continue to improve their health and wellbeing during these unprecedented times using a variety of MSKTC's free, online resources. For example MSKTC burn injury resources ranging from wound care to managing psychologic distress to the importance of exercise and healthy eating, please visit <https://msktc.org/burn>. In addition to burn injury resources, MSKTC has resources on spinal cord injury (<https://msktc.org/sci>) and traumatic brain injury (<https://msktc.org/tbi>). The MSKTC is funded by the National Institute on Disability, Independent Living, and Rehabilitation Research, Administration for Community Living, U.S. Department of Health and Human Services.